

## Topic 12: Tools and methods

### What tools and methods do we use in our mother centres

Mobility to Nitra, Slovakia from 4<sup>th</sup> June to 6<sup>th</sup> June 2015

#### Outcomes and summary from activities

#### Tree of wishes

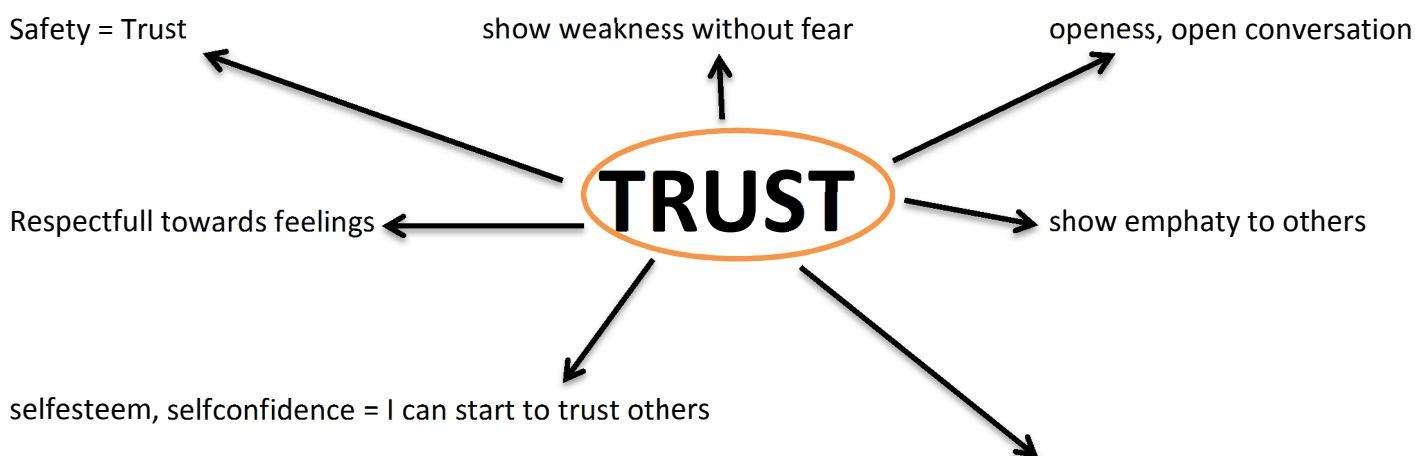
- ♥ Meeting once a year and discuss a thematic issue with „new methods“ and a result
- ♥ Steering group – to have an exchange =real meetings once a year
- ♥ The next meeting is planned by Bavarian network for June 2016, lower lever = simplification
- ♥ POSSIBLE COOPERATION – closed group on Facebook with ideas and pictures and information
- ♥ Do more with Brussel, be a partner to politicians
- ♥ Regular meetings of a core group to develop MINE politics
- ♥ Everybody reaches out to others in MINE without waiting til they are contracted or invited
- ♥ To have regular meetings to keep our network alive
- ♥ Strong voice of mothers in politics
- ♥ Create free places continuously and keep free places in the future like MZ's
- ♥ Everyone holds the contact to one other MC, for example from another country
- ♥ Negative: no ideas for new projects which would lead to some international cooperation at least for some of us
- ♥ Agreement on sharing one activity with Picture for MINE website, 3 items a year
- ♥ Get help from ICC in networking with big international organizations (WHO, UNICEF, UN,...)
- ♥ Share training & event invitations within Europe
- ♥ Start active cooperation and regular meetings with Polish network
- ♥ MC in Turkey - partnership with MINE and german networks
- ♥ Write to [info@mine.cc](mailto:info@mine.cc) to get your own password and put pictures and text on MINE website
- ♥ Debate about GNH – gross national happiness
- ♥ International political debate – International conference in BA 2016, In what world do we want to live?
- ♥ Inspiring methods and interesting ideas to find volunteers
- ♥ To be a vital network
- ♥ We all look for what we can share with others (information, tools, methods)
- ♥ Possibility to share more new ideas
- ♥ Travelling, get to know new cultures (turkish spa), inspiration



- ♥ We need more EU projects to be together, we had lovely evening yesterday, thank you for hospitality
- ♥ Better communication, exchange of best practice via common Forum
- ♥ To continue our exchange through MINE and get political voice
- ♥ Negatives – too much of powerpoint presentation
- ♥ Positives - how to find new sources of funding and regular meetings, creative methods
- ♥ Some new people to create a monitoring group
- ♥ Keep networking, searching for needs of MCs and meet at least every 6 months to discuss (online, or face to face), inform the partner severly 3 months about activities – inspiration and assistance
- ♥ Everybody apply at home what they learnt abroad, shares pictures and experience in their own MC or network
- ♥ MINE facebook presence
- ♥ When raising Money for own network or MC we also talk about MINE and look for possibilities
- ♥ More communication is needed
- ♥ Networking should continue even without project
- ♥ Search for funding opportunities not olny for ourselves but also for other MC and networks as well
- ♥ Giving a voice to Roma women – we will share results from Bavarian project on groupmine
- ♥ Don't forget about MINE, mention it on your web or annual report
- ♥ For the future: communication! Informing each other about what is going on in your network.
- ♥ Activate group MINE, commitment of Mine group

After an opening discussion all partners have agreed that the best tool and method in one is simply talk to one another, to listen up to other person in safe and kind environment. This way the problem is identified and MC can offer possible solutions, help and advice.

### What does TRUST mean to you?



clear rules, be familiar with the space/person

### MUTUAL TRUST

#### HOW TO BUILD IT?

- Attitude, how do we do it, find out real needs of our visitors, talk to them
- Open & closed courses, playgroups, breakfast to discuss issues
- Ask mums: What have you done for yourself this week? and discuss, start a conversation and get to know each other
- MC is Multigeneration space, MC CONCEPT has to alter and change.

#### WHAT METHODS TO YOU USE?

TALKING TO EACH OTHER IN SAFE ENVIRONMENT

### CONFLICTS

What conflicts do you deal with in your MC?

POLAND

Children are fighting – parents are trying to sort it out on their level

Solution> Hang set of clear rules on the wall.

AUSTRIA

- Regular meetings of leaders and active members
- To know an expectation of everybody
- Step down/ accept a general opinion
- To take responsibility
- MC to become professional (paid and voluntary work)
- Boundaries are broken

#### Which question was the most interesting to you?

Think about the questionnaire and your discussions in you MC. Questionnaire for volunteers – keep data, but also sit down and have face to face meeting

- \* Free software for databank
- \* Registration is putting people off (note from Turkey)
- \* To promote MC's needs – to let network know what is needed

### **What grasp your attention, what has stired a debate?**

- \* How do you avoid a conflict in your MC?
- \* Training of volunteers and active members
- \* How do you cope with burn-out syndrome?
- \* How do you avoid burn-out syndrome?
- \* Essential values and principles – have they changed?
- \* How do you manage to inspire enthusiasm among members for the MC idea?
- \* Most important was the first question (How do you build up mutual trust amongst the members and MC management?)
- \* What characteristics should the network leaders of mother centres or individual centres have? What qualities should they have?

### **What are MINE priorities?**

- To improve communication and start to use Facebook because:
  1. It is international
  2. It is a communication channel for many of us
  3. It covers sharing of information, ideas, events, ...
  4. It offers diary management

#### **Actions**

- Soňa Holíková to set up MINE Facebook profile
  - All of us (who wants to) to join MINE FB page and use it as much we can to be more visible in international scale
  - Set up counry related folders on MINE website and start to enter articles and pictures about our latest events, archievements (get log in details through Marieke **OR** write to [info@mine.cc](mailto:info@mine.cc))
  - To join MINE dropbox and use our collective history to our advantage when presenting our organization and for fundraising activities (write to Marieke to get access)
- To do more actions and start from targeted smaller projects which will be managed by **MINE Steering committee:**
    1. Defne Ağaoğlu (Turkey)
    2. Susanne Veit, Susanne Baier (Bavaria)
    3. Katarína Scott (Slovakia)
    4. Renate Stein (Argentina)
    5. Marieke van Geldermalsen-Jaeckel (Nederlands)
    6. Ingrid Bregenzer, Andrea Laux (Mutterforum, Stuttgart)
    7. Iwona Smyk-Smolińska (Poland)
    8. Austria (TBC)

Bavarian network is taking a lead and will organize meeting in Munich in June 2016 and preparation meeting in Vienna in February 2016 to identify and project manage priorities for MINE.

- To look for opportunities for MINE international project in Argentina



**únia  
materských  
centier**

